	Time	Structure and Text	Description
Instrumental Intro	0:00	Instrumental Introduction	Piano performs chorded steady pulsed rhythms in the right hand with a bass line feel in the left hand. Solo saxophone plays a plaintive, jazzy (swung), melodic line with melodically pentatonic content.
A section	0:17	We mourn, we bless, We blow, we wail, We wind down.	Singers enter in octaves with a slow and simple melody. Glissando down on the word "down" (text painting). Higher voices sing starting from "we sip we spin" with slightly more rhythmic movement, then harmony starts at "bow
	0:48	We sip, we spin, we blind, we bend. Bow and hem, bow and hem. Instrumental set up	and hem". Held dissonant notes in the vocal line provide drama. New percussion tempo starts under final held note. Faster tempo, now straight eighths. Percussion creates an up-tempo urgent
	0.10	instrumental set up	feel that is brought out further with repeated notes in the saxophone and syncopated piano chordal hits.
	0:54	We hip, we blend, We bind, we shake, we shine, shine, (2x)	Singers begin in unison, then move to octaves joining on "shine" to build to the end of the line. The repeated lyric stays in unison (sopranos only), higher, with unresolved melodic movement on the final "shine".
B section	1:09	We lips and we teeth We praise and protest, We praise and protest, We praise and protest.	Melody starts in octaves, moving to complex and colorful harmony on "praise and protest". Rhythm is steady and driving.
	1:19	We lips and we teeth, We praise and protest, We praise and protest	Modulation and building complex harmonies that creates tension.
	1:25	We document and we drama (2x)	Suddenly softer, plus crescendo. Declarative rhythm and melody with building harmonies. The lyric "drama" is held out, increasing in volume with thicker harmony.

Instrumental Interlude	1:33	Instrumental Interlude	Saxophone, drum, and piano create dramatic layers that feel busy and intense. This might be interpreted as a mixture of excitement and responsibility.
C Section D Section	1:50	We demand and we flow (3x) Fold and hang loose. We measure and we moan, Mourn and whine low. (echoes)	Urgent. First line presented in unison by half of the group, echoed by the other with the same musical material, and then performed together. Much of this is unison or octaves, then dissonant harmony impacts some of the more emotional words like "mourn". Instrumental accompaniment remains upbeat and steady.
	2:12	And we live and we breathe (4x)	Repeated musical material – same as "we demand and we flow"
	2:20	And some of the time we don't	Abrupt tempo and dynamic change with limited accompaniment. Thinner harmony that sounds empty. Serious, mournful.
	2:33	Tonight I am here. Here and tired. Here and awake. Sure and alive. Yes, here and still, Still here, Still and here, And still awake, And still, still alive.	Mostly sung in octaves. Slow and lyric driven. No drums, piano accompaniment remains simple. "Alive" presents thick and triumphant consonant harmony.
	3:13	(alive)	Piano propels, singing stops, narration starts (attacca into instrumental interlude with narration)